

The Significance of Sakthi Oli

Every house should receive a copy of Sakthi Oli - the monthly magazine published by the Melmaruvathur Athiparasakthi Sittar Peedam regularly. Amma's Arulvaku states that She will be present and reside in any house that has Sakthi Oli.

Many do not understand the significance of this Arulvaku. The stories of Thasavatharams (Ten avatars) of Lord Krishna are highlighted in the sacred text named Bhagavatham. Those who worship Lord Krishna value and worship the teachings that they receive from the Bhagavatham.

The following experience that occurred in Bhagawan Ramakrishna Paramahansa's life time which proves the power of holy texts such as Bhagavatham, Ramayanam, Mahabaratham, Devi Mahatymyan, the eighteen Puranas and so on.

One day, Ramakrishna was seated at a Vishnu temple and listening to the recitals of Bhagavatham. He had reached a blissful state. At that point in time, Lord Krishna appeared in front of him and the light radiating from Lord Krishna fell onto the Bhagavatham book.

Thereafter, Ramakrishna's chest, the Bhagavatham book and Lord Krishna appeared to be united within the light for a point in time.

This experience caused a realisation to bloom in Ramakrishna's mind. That is, the divine texts or Bhagavatham in this case, the devotee and the Lord, though they are separate forms, are in reality One. That is the reflection of the divine oneness is the three forms of God, devotee and holy texts (stories of god).

Vishnu devotees recite a small section of the Ramayana on a daily basis so that they will have daily divine consciousness and thought. Once you finish reciting the Ramayana text in full it is believed that you receive the divine blessings for the completion of recital of the holy text. (parayanam niraivu). Other Vishnu devotees recite Bhagavatham instead in a similar way to achieve divine blessings.

Amma devotees should focus on experiences and teachings of Amma during her Avatar period on a daily basis and channel their mind towards these thoughts frequently. This way the mind will receive new and pure thoughts. Doubts will cease. Mental burden and worries will cease. The mind will be calm and at peace.

Other sources other than Sakthi Oli that highlight the experiences and teachings of Arul Thiru Amma include:

1. Thirumathi Adigalar's 'Oru Atmavin Anupavangal' (in Tamil) and 'A Soul's perception' (in English translation): This book highlights the earlier experiences of Amma and the establishment of Melmaruvathur temple.
2. 'Melmaruvathur Annaiyin Atputhangal': This books highlights many of Amma's miracles.
3. 'Melmaruvathur Talavaralaru'
 - a. The first part of this book holds experiences of devotees who have received Amma's divine oracles.
 - b. The second part of this book holds details of Amma's spiritual endeavours, Her spiritual trips, about Sakthi Peedams and the miracles that have occurred there

We encourage all devotees of Amma to have these books at home and slowly read and recite a small section at a time each day. Reciting is not memorising. It is a form of connecting with God, similar to the way that Bhagawan Ramakrishna Paramahansa did when he was listening to the Bagawatham recital at the Vishnu temple. If you do this regularly you will find your mind clears, you will have divine thoughts and spiritual gains.

These are some of the ways to increase the devotion that you have for Arul Thiru Amma.

Om Sakthi